



# terrabella

## weekly schedule

EFFECTIVE SEPTEMBER 3RD 2024

### MONDAY

8:45 am TRAINING CAMP  
12pm TBC  
5:30pm POWERSTRIKE  
6pm TBC

### TUESDAY

12pm KICKBOXING  
& STRENGTH

### WEDNESDAY

8:45am TRAINING CAMP  
12pm METABOLIC STRENGTH

### THURSDAY

12PM TBC

### FRIDAY

8:45AM TRAINING CAMP  
12PM POWERSTRIKE

### MEMBERSHIPS

**ALL ACCESS  
GROUP FITNESS  
DROP IN: \$25 (GF CLASS)  
DROP IN: \$45 (TC)**

ALL ACCESS MEMBERSHIP INCLUDES  
3 DAYS OF  
TRAINING CAMP AND ALL GF CLASSES  
WITH NEW LIVE CLASSES FILMED  
WEEKLY

GROUP FITNESS MEMBERSHIP INCLUDES ALL  
CLASSES (EXCLUDING TC)  
AND WEEKLY VIDEOS OF  
LIVE CLASSES

THERE ARE 3 SPOTS LEFT FOR ALL ACCESS.  
WHEN THOSE ARE PURCHASED THERE  
WILL BE NO MORE TC DROP INS  
ALL CLASSES ARE TAUGHT BY ERICA

FOR MORE CLASS INFORMATION PLEASE VISIT:

**WWW.LUNAFITNESS.NET**

653 Myrtle Dr. Covington, La 70433 | EMAIL: info@lunafitness.net